

Third-line therapy for metastatic colorectal cancer

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Abstract

Background The past years' therapy for colorectal cancer has evolved rapidly with the introduction of novel cytotoxic agents such as irinotecan, capecitabine and oxaliplatin. Further advances have been achieved with the integration of targeted agents such as bevacizumab, cetuximab and recently, panitumumab. As a result, third-line treatment is now a necessary step in the optimal treatment of patients with metastatic colorectal cancer (MCRC).

Materials and methods We conducted a literature review of English language publications on third-line therapy for MCRC from January 2000 to April 2007. Data on median overall survival (mOS), median time to progression (mTTP) and response rate were recorded.

Results We found 27 articles and 22 abstracts to fulfil the criteria. Patients who received regimens containing oxaliplatin and infusional 5-fluorouracil (5-FU) demonstrated mTTP up to 7 months and a mOS of 16 months. With irinotecan and 5-FU, mOS around 8 months were reported and with cetuximab combined with irinotecan, the highest mOS was 9.8 months.

Conclusion Third-line therapy in advanced colorectal cancer may improve mOS for patients with MCRC. Therefore, randomized studies should be conducted in the future.

Keywords Advanced · Colorectal cancer · Review · Third-line therapy

Introduction

Every year one million patients worldwide are diagnosed with colorectal cancer and approximately 50% of them will relapse after curative intended surgery [1]. During the last four decades the first drug of choice for patients with metastatic colorectal cancer (MCRC) was the fluoropyrimidine 5-fluorouracil (5-FU) [2].

Major advances have occurred during the last years in the treatment of MCRC with the introduction of new treatment modalities. Thus, two randomized trials have established the role of irinotecan as second-line agent in patients who have failed on 5-FU based treatment [3, 4].

Oxaliplatin is a third-generation platinum, which has shown activity in patients with MCRC refractory to 5-FU and leucovorin (LV) [5]. The role of oxaliplatin combined with 5-FU (FOLFOX) as second-line treatment in MCRC was demonstrated in a randomized trial comparing FOLFOX4, oxaliplatin monotherapy and 5-FU plus LV. Treatment with FOLFOX4 showed superior response rate (RR) and time to progression [6].

Further progress in the treatment of MCRC has been made by years of translational research. Recently bevacizumab (avastin), a monoclonal antibody (mAb) against the vascular endothelial growth factor (VEGF) and cetuximab (erbitux), a mAb that targets the endothelial growth factor receptor (EGFR), have shown promising activity in patients with MCRC.

In a phase III study by Hurwitz et al., median survival was significantly increased from 15.6 months to 20.3 months with the addition of bevacizumab to irinotecan, 5-FU and LV for patients with previously untreated MCRC [7].

A randomized phase II study compared cetuximab with cetuximab plus irinotecan in the treatment of irinotecan refractory MCRC and showed improvements in RR in

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favor of the combination, with RRs of 23% in the combination group compared to 11% in the group treated with cetuximab alone. Patients had been treated with one or more than three previous chemotherapy lines [8]. Cetuximab was approved by the FDA in 2004 and is indicated for patients with EGFR positive tumours who have failed irinotecan-based chemotherapy or as a single agent for patients who are intolerant to irinotecan-based treatment [9].

While there are a number of well-documented treatment options for first- and second-line treatments of MCRC, there are less data on the beneficial effect of systemic treatment used in third-line therapy. Therefore we reviewed the current literature on third-line treatment of MCRC.

Materials and methods

We conducted a literature review for English language publications on third-line therapy for MCRC from January 2000 to April 2007 using the search terms: colorectal cancer, advanced, metastatic, third line. The database Medline and abstracts from major meetings including the following were searched: American Society of Clinical Oncology (ASCO), European Society for Medical Oncology (ESMO), Annals of Oncology, Cancer Chemotherapy and Pharmacology and European Cancer Conference (ECCO).

For each trial the number of patients included and the numbers of previous treatments were recorded. The admin-

istered drugs were specified in the order of first-, second- or third-line treatment if this was specified, in order to examine any possible correlation between previous treatment and response to third-line therapy. Trials involving fewer than ten patients were considered too small and were not included. Furthermore, trials where the activity of third-line therapy was not clearly specified were excluded. Any kind of chemotherapy or targeted therapy was allowed as previous therapy. The clinical trials could be phase II or III. Retrospective trials were also considered.

Data on median overall survival (mOS), median time to progression (mTTP) and RR, that is complete and partial response, were recorded from each trial. Where progression-free survival (PFS) was reported, the result was referred to as the mTTP.

Any toxic death was presented in this review. Quality of life and adverse events were not clearly reported in all trials and the data are therefore not presented.

Results

A total of 27 published articles and 22 abstracts were identified to fulfil the search criteria. Two studies were randomized phase III trials [10, 11]. This section reports on the mTTP and mOS for selected trials whereas data on RR and confidence interval (CI) are reported in Tables 2, 3, 4, and 5. Table 1 shows RR and mTTP for the most common

Table 1 Most common chemotherapy regimens used in the first-line treatment of MCRC and the efficacy of each regimen

Regimen	Administration	Treatment with 5-FU (days)	Doses 5-FU (mg/m ²)	RR (%)	mTTP (months)
5-FU/LV					
De Gramont [64]	CI + B	d 1 + 2	400 B 600 CI	22.3	6.2
Mayo [73]	B	d 1–5	425 B	22.6	5.3
Modified de Gramont [74]	CI + B	d 1	400 B 2,800 CI	36	9.3
5-FU/irinotecan					
IFL (Saltz) [75]	B	W × 4	500 B	39	7
FOLFIRI [60]	CI + B	d 1	400 B 2,400–3,000 CI	56	8.5
OXALIPLATIN/5-FU					
FOLFOX 2 [76]	CI	d 1 + 2	1,500–2,000 CI	45.3	8.3
FOLFOX 3 [77] ^a	CI	d 1 + 2	1,500 CI	20	6
FOLFOX4 [64]	CI + B	d 1 + 2	400 B 600 CI	50.7	9
FOLFOX6 [60]	CI + B	d 1	400 B 2,400–3,000 CI	54	8
FOLFOX7 [78] ^b	CI	d 1	2,400 CI	59.2	8.7
FUFOX [73]	CI	W × 4	2,000 CI	48.3	7.9
XELOX [79]	PO	d1–d15	1,000 PO × 2	55	7.7

CI continuous infusion, B bolus, d day, W weekly, PO per oral, LV leucovorin, FUFOX oxaliplatin, folinic acid and 5-FU, XELOX xeloda (capecitabine) and oxaliplatin, RR response rate, mTTP median time to progression

^a Second-line therapy

^b Reinduction of FOLFOX7

chemotherapy regimens used in first-line treatment of MCRC. mOS and mTTP for each trial are illustrated in graphs as well.

5-FU + oxaliplatin based regimens

Table 2 summarizes the data in 13 studies from 644 patients, who received infusional 5-FU and oxaliplatin as third-line treatment.

There were nine clinical phase II studies and one phase III study. The number of patients per study varied from 11 to 126. mTTP ranged from 4.4 to 8 months and mOS from 5.9+ to 16 months [12–20].

One phase III study investigated the sequence of therapy by randomizing patients between treatment with FOLFOX4 and irinotecan after previous second-line therapy with the opposite [10]. The primary goal of the trial was to investigate efficacy of FOLFOX4 and irinotecan as second-line therapy after first-line exposure to 5-FU. Patients were allocated to third-line therapy with the opposite agent when failure of second-line treatment in a non-random fashion. The mTTP was 5 months, when FOLFOX4 was administered after irinotecan and 2.7 months, when irinotecan was administered after FOLFOX4. For the FOLFOX-treated group, the mOS was 10 months compared to 8.7 months for the irinotecan-treated group. The difference was not reported to be statistically significant. There was more gastrointestinal toxicity in the irinotecan-treated group and more neutropenia and paresthesia in the FOLFOX4 treated patients.

One randomized phase II study compared the de Gramont regimen with FOLFOX4 after therapy with fluoropyrimidine/capecitabine and irinotecan in different combinations. The majority of patients had previously received sequential fluoropyrimidine and irinotecan, and the study showed a significantly greater mTTP (4.8 months vs. 2.4 months) in favor of the FOLFOX4 regimen [12]. However, the FOLFOX4 exposed patients did not demonstrate any improvement in mOS (9.9 months vs. 11.4 months). Sixty-nine percent of patients from the de Gramont arm crossed over to FOLFOX4 due to treatment failure, besides mOS was not a primary end point.

Trials investigating different FOLFOX regimens were found including FOLFOX2, 3 and 4. One study compared FOLFOX2 with FOLFOX4 [18] and showed higher mTTP, 7 months vs. 5 months, and higher mOS, 9 months vs. 7+ months, in favor of FOLFOX2 regimen.

The study reporting the highest mOS of 16 months and the highest mTTP of 8 months included 78 patients. In this study, patients had chronomodulated oxaliplatin and 5-FU plus LV. Previous therapy was not reported but the patients were pre-treated with 2–7 lines [20].

One trial reported one toxic death because of neutropenia and sepsis [15]. The study by Kemeny et al. [12]

reported three toxic deaths in the FOLFOX4 arm. Two patients had small bowel obstruction and a third patient had respiratory failure.

5-FU + irinotecan based regimens

Four phase II trials with a total of 119 patients included used irinotecan as third-line treatment (Table 3). The number of patients varied from 13 to 61. mTTP ranged from 2.3 to 5.7 months and mOS from 7 months to 8.7 months [24–27]. mOS were not reported in two trials. In one trial, previous irinotecan had been given [24] and all studies reported previous treatment with oxaliplatin. Irinotecan was administered with infusional 5-FU (FOLFIRI) in 106 patients [24–26] and in one study irinotecan was delivered weekly with high-dose 5-FU plus LV [27]. No toxic deaths were reported in any of these trials.

Regimens with miscellaneous agents

In 479 patients the treatment with third-line therapy consisted of agents or regimens not previously mentioned in this review (Table 4). Sixteen studies were phase II studies and included from 15 to 77 patients. The mTTP for the different regimens ranged from 2.3 months to 5.6 months and mOS from 5 to 14.2 months [28–43].

Oxaliplatin was re-induced in one retrospective trial and delivered as hepatic arterial infusion (HAI) preceded by treatment with 5-FU, oxaliplatin and irinotecan in two or three palliative lines. mTTP was found to be 4 months and the mOS was reported to be 13 months [44].

In one trial, the oral agent S-1, a combination of tegafur, gimeracil and oteracil potassium, was investigated. The mTTP was found to be 3 months and mOS 13.8 months [33].

Irinotecan was given to 77 patients as chronomodulated therapy together with oxaliplatin and 5-FU. mTTP was reported to be 5.5 months and mOS was 14.2 months, the highest observed among these trials [41]. Two patients were alive without any detectable disease after a median follow-up of 38 months. These patients had subsequently been surgically treated and had postoperative received further chronotherapy.

Two trials reported one toxic death each because of neutropenic sepsis [42, 43]. In the study by Gubanski et al. [29], one patient died, probably due to one episode of febrile neutropenia.

Regimens with targeted therapies including antibodies and growth factors

Table 5 summarizes the studies performed with patients receiving targeted therapy as third line. In total 1,033

Table 2 Third-line infusional 5-FU + oxaliplatin in MCRC

Reference	<i>n</i>	Previous treatment (line)	Treatment regimen	RR <i>n</i> (%)	Median (months)	
					TTP	OS
Rowland et al. [10], phase III	126	5-FU, <i>n</i> = 126; irinotecan (a) vs. <i>n</i> = 94: FOLFOX4 (b)	FOLFOX4 (a), irinotecan (b)	(a): 20 (16), (b): 4 (4)	(a): 5, (b): 2.7	(a) 10, (b) 8.7
Kemeny et al. [12], phase II	110	5-FU ± LV, irinotecan, capecitabine	FOLFOX4 (<i>n</i> = 110) OR De Gramont (<i>n</i> = 104)	FOLFOX4: 14 (13), 95%CI (7.1–20.5), De Gramont: 2 (2), 95%CI (0.2–6.8)	FOLFOX4: 4.8, 95%CI (4–5.5), De Gramont: 2.4, 95%CI (1.5–2.9)	FOLFOX4: 9.9, 95%CI (8.3–11.5), De Gramont: 11.4, 95%CI (9.8–13.3)
Salek [13], phase II	11	5-FU/LV, irinotecan	Oxaliplatin, bolus 5-FU/LV	No response	NR	6+, range 1.9–12.4
Chau et al. [14], phase II	22	5-FU, irinotecan	Oxaliplatin, PVI 5-FU	6 (27.3)	NR	6
Abon et al. [15], phase II	23	Bolus 5-FU/LV (1), irinotecan (2)	5-FU/LV, oxaliplatin	2 (8.7)	NR	8, range 0.23–15.6+
Luppi et al. [16], phase II	28	5-FU, irinotecan 46%	FOLFOX2	9 (32)	6, range 2–11	7.5, range 1.9–17
Martoni et al. [17], phase II	16	5-FU	Oxaliplatin, PVI 5-FU	1 (6.3)	NR	NR
Mosconi et al. [18], phase II	23	5-FU	FOLFOX2 (<i>n</i> = 6), FOLFOX4 (<i>n</i> = 17)	FOLFOX2: 1 (16.7), FOLFOX4: 4 (23.5)	FOLFOX2: 7, FOLFOX4: 5	FOLFOX2: 9, FOLFOX4: 7+
Kallen et al. [19], phase II	11	Bolus 5-FU/FA (1), Inf. 5-FU/FA (2)	5-FU/FA, oxaliplatin	NR	6, range 0–6.5	11, range 7–20
Giaccchetti et al. [20], phase II	78	NR	5-FU/LV, oxaliplatin, chronomod	28 (36)	8, range 6–10	16, range 12–19
Crotes et al. [21], retrospective review	25	5-FU, irinotecan	FOLFOX3	4 (14), 95%CI (4–33)	5.8, 95%CI (4.8–6.7)	8.5, 95%CI (6.4–10.5)
Moehler et al. [22], retrospective review	13	5-FU/FA (1), irinotecan (2)	FUFOX	2 (15)	4.4, range 0.7–9.1	10, range 1.2–15.2
Bensmaine et al. [23], statistical analysis	158	5-FU	Oxaliplatin, 5-FU/FA	26 (16.5)	4.6	9.1
Total <i>n</i>	644					

n number of patients, *OS* overall survival, *NR* not reported, *FA* folinic acid, *RR* response rate (complete and partial response), *TTP* time to progression, *PVI* protracted venous infusion

Table 3 Third-line 5-FU + irinotecan in MCRC

Reference	<i>n</i>	Previous treatment (line)	Treatment regimen	RR <i>n</i> (%)	Median (months)	
					TTP	OS
Gervais et al. [24], phase II	16	Irinotecan + 5-FU/ZD9331, FOLFOX	Folfiri3	3 (19)	4.1	NR
Kim et al. [25], phase II	29	Oxaliplatin (2)	Folfiri	6 (20.7)	5.7, 95%CI (3.8–7.6)	8.7, 95%CI (7.8–9.5)
Maindrault et al. [26], phase II	61	De Gramont (1), FOLFOX (2)	Folfiri	3 (5)	2.3	NR
Stickel et al. [27], phase II	13	AIO (1), AIO + oxaliplatin (2)	AIO + irinotecan	2 (15) 95%CI (2–45)	3.9, range 3–6	7, range 2–18
Total <i>n</i>	119					

RR = response rate (complete and partial response), TTP time to progression, OS overall survival, NR not reported, AIO folinic acid (500 mg/m²) as a 1 to 2-h infusion day 1; followed by 5-FU (2,000 mg/m²) intravenous (IV) administered as a 24-h infusion once weekly, ZD9331 antifolate inhibitor of thymidylate synthase

patients were treated. One phase III and 13 phase II trials were found. According to the phase II trials, the number of patients included ranged from 10 to 346 [45–56]. mTTP varied from 1.4 months to 4.7 months and mOS from 5.5–9.8 months, though only reported in half of the studies.

Panitumumab, a mAb targeting the EGFR, benefited patients with MCRC in a multicentre phase III trial. A total of 463 patients were randomized between best supportive care (BSC) (*n* = 232) alone or BSC and panitumumab (*n* = 231) [11]. One patient included did not receive the treatment as third- or fourth-line therapy. The primary end point was PFS. The mTTP for the panitumumab treated group (1.9 months) was significantly prolonged compared to mTTP in the BSC group (1.7 months). No differences were found in mOS. Seventy-six percent of the patients in the BSC group crossed over to panitumumab after treatment failure. There was a good safety profile. In two smaller trials, mTTP were shown to be 2 and 3 months, respectively, for treatment with panitumumab single-agent. mOS were not reported [55, 56].

In three trials cetuximab monotherapy was used as the targeted agent after treatment with oxaliplatin, irinotecan and for some patients 5-FU. The mTTP was demonstrated to be between 1.4 and 2.4 months and mOS between 6.6 and 7 months [45–47].

Treatment with cetuximab was well tolerated with minimal toxicity. In the study by Chen et al. [51] bevacizumab toxicity was similar to that seen in other trials with hypertension and bowel perforation among others. Two deaths reported were of unknown aetiology. Data on adverse events was reported for 338 patients enrolled and not specified for the current 100 patients assessable. Besides, no toxic deaths were reported in any of the trials.

Discussion

Randomized studies reporting efficacy after failing second-line treatment for MCRC have been limited, and at this time there is no standard third-line therapy for MCRC according to NCI [59].

The integration of oxaliplatin and irinotecan at the end of the 1990s definitely improved mOS for patients in the first-line treatment of MCRC [60]. Unfortunately the prognosis for these patients is still dismal with 5-year survival less than 10% [61]. In view of these figures, and increased survival after first- and second-line treatment, there is a need for treatment options for fit patients in third line.

Current evidence supports the combination of fluoropyrimidine with either irinotecan or oxaliplatin as first-line therapy [62] and treatment with the other combination as second-line therapy [63]. Today, the vast majority of patients have already received these three drugs, when they become candidates for third-line therapy.

In this review, all clinical studies were conducted as phase II trials except for two phase III trials [10, 11]. Though small, the phase II studies may be directing for a rational design of a confirmatory phase III trial. Level of evidence for the phase III trial by Van Cutsem [11] was 1b. For the trial by Rowland et al. [10], level of evidence was 1c. According to the phase II trials, level of evidence was 2a or 2b.

When considering the clinical trials using combinations of 5-FU + oxaliplatin in third line, the results were in general encouraging. In the intergroup N9841 phase III trial by Rowland et al. [10] the sequence of FOLFOX4 and irinotecan in 5-FU refractory patients was investigated in a cross-over trial of second and third-line therapy. In third line, FOLFOX4 was associated with an improved mTTP

Table 4 Miscellaneous agents in third-line treatment of MCR

Reference	<i>n</i>	Previous treatment (line)	Treatment	RR <i>n</i> (%)	Median (months)	
					TTP	OS
Ardavanis et al. [28], phase II	28	5-FU/LV, oxaliplatin, irinotecan	Capecitabine	2 (7)	4, range 2–7	6
Gubanski et al. [29], phase II	20	Irinotecan + 5-FU/LV, FOLFOX4	Capecitabine	No response	2.8	6.1
Lim et al. [30], phase II	19	5-FU/FA + irinotecan, 5-FU/FA + oxaliplatin	Capecitabine, MMC	1 (4.8)	2.6, 95%CI (2.5–2.7)	6.8, 95%CI (0.9–12.7)
Harba et al. [31], phase II	20	Oxaliplatin, irinotecan, 5-FU/LV	Capecitabine, MMC	2 (10)	3.7, range 0.5–10	7.75, range 1.5–22
Chong et al. [32], phase II	33	5-FU, irinotecan	Capecitabine, MMC	5 (15.2), 95%CI (6.8–40.7)	5.4, 95%CI (4.6–6.2)	9.3, 95%CI (6.9–11.7)
Jeung et al. [33], phase II	26	Oxaliplatin, irinotecan	S-1	4 (14.3), 95%CI (0.4–28.1)	3	13.8
Tsavaris et al. [34], phase II	20	5-FU/LV (1), irinotecan (2), 5-FU (3)	Tomudex	No response	4.8, range 2.2–7	7.4, range 6–7.8
Garcia et al. [35], phase II	23	5-FU, oxaliplatin, irinotecan	Irinotecan, Tomudex	No response	3	NR
Rosati et al. [36], phase II	16	5-FU, oxaliplatin, irinotecan	Tomudex, MMC	No response	2.3, 95%CI (1.7–3)	5, 95%CI (2.5–7.5)
Lonardi et al. [37], phase II	19	5-FU, irinotecan, oxaliplatin	Gemcitabine	Disease control: 50% for ≥ 3 line, $P = 0.78$	NR	NR
Pachon et al. [38], phase I/II	18	Oxaliplatin, irinotecan	Gemcitabine, 5-FU	No response	3.7, range 1.5–13.2	9.9, range 1.9–19
Hartmann et al. [39], phase II	45	Bolus 5-FU/FA (1), Cont. inf. 5-FU/FA (2)	Irinotecan	6 (13.3), 95%CI (5.1–26.8)	5.6, 95%CI (4.2–6.3)	7.9, 95%CI (6.1–11.1)
Benavides et al. [40], phase II	15	5-FU	Irinotecan	2 (13.3)	5.3	7.7
Gholam et al. [41], phase II	77	FLO, IFL	Chronomodulated irinotecan, oxaliplatin, 5-FU/LV	2 (3)	5.5, 95%CI (3.7–6)	14.2, 95%CI (9.8–17.3)
Polus et al. [42], phase II	46	Folfiri (1), FOLFOX (2) OR FOLFOX (1), Folfiri (2)	Irinotecan, MMC	3 (6.5)	NR	Not reached
Schulz et al. [43], phase II	44	5-FU (1), irinotecan (2)	ZD9331	2 (4.5)	2.8, 95%CI (1.9–3.3)	NR
Gollasch et al. [44], retrospective review	10	5-FU, irinotecan, oxaliplatin	HAI oxaliplatin, 5-FU/capecitabine	3 (30)	4, range 1–8	13, range 2–15+
Total <i>n</i>	479					

RR response rate (complete and partial response), TTP time to progression, OS overall survival, NR not reported, FA folinic acid, MMC mitomycin C, S-1 tegafur/gimeracil/oteracil potassium, ZD9331 antifolate inhibitor of thymidylate synthase, HAI hepatic arterial infusion

Table 5 Monoclonal antibodies alone or in combination with chemotherapy in MCRC

Reference	<i>n</i>	Previous treatment (line)	Treatment regimen	RR <i>n</i> (%)	Median (months)	
					TTP	OS
Mirtsching et al. [45], phase II	28	5-FU, irinotecan, oxaliplatin	Cetuximab	3 (11)	2.4, range 0.2–6.2	NR
Lenz et al. [46], phase II	346	5-FU, oxaliplatin, irinotecan	Cetuximab	43 (12.4), 95%CI (9.1–16.4)	1.4, 95%CI (1.4–2.1)	6.6, 95%CI (5.6–7.6)
Mirtsching et al. [47], phase II	38	Oxaliplatin, irinotecan	Cetuximab	3 (8)	1.6, 95%CI (1–2.2)	7, 95%CI (5.8–8.2)
Vincenzi et al. [48], phase II	55	Oxaliplatin (1), irinotecan (2)	Cetuximab, irinotecan	14 (25), 95%CI (21.7–39.6)	4.7, 95%CI (2.5–7.1)	9.8, 95%CI (3.9–10.1)
Gebbia et al. [57], retrospective review	60	Oxaliplatin (1), irinotecan (2)	Cetuximab, irinotecan	12 (20), 95%CI (11–32)	3.1, range 1.2–9	6, range 2–13
Grande et al. [49], phase II	23	5-FU/capecitabine, oxaliplatin, irinotecan	Cetuximab, irinotecan	3 (13), 95%CI (3–34)	3.5, range 1–10+	7.3, range 1.5–12+
Grothe et al. ONGOING [50], phase II	15	5-FU, oxaliplatin, irinotecan, MMC (4 pts), Gefitinib (4 pts)	Cetuximab, oxaliplatin, capecitabine	4 (27)	2.5, range 0.25+–9.6	5.5+, range 0.6–10.9+
Levi et al. [58], retrospective review	33	5-FU, irinotecan, oxaliplatin	Cetuximab/cetuximab, irinotecan, 5-FU/LV ± oxaliplatin/cetuximab, oxaliplatin, 5-FU/LV	11 (33)	NR	NR
Chen et al. [51], phase II	100	Irinotecan, oxaliplatin	Bevacizumab, 5-FU/LV	4 (4), 95%CI (1.1–9.9)	3.5, 95%CI (2.1–4.7)	9, 95%CI (7.2–10.2)
Emmanouilides et al. ONGOING [52], phase II	19	Irinotecan, oxaliplatin	Bevacizumab, 5-FU/LV	No response	3.7	5.5+
Peinert et al. ONGOING [53], phase II	13	Cetuximab	Bevacizumab, capecitabine, MMC	1 (7.7)	NR	NR
Dorligshaw et al. [54], phase II	10	5-FU/LV/capecitabine, oxaliplatin, irinotecan	Gefitinib alone or combined with irinotecan, oxaliplatin, capecitabine, MMC	No response	NR	NR
Van Cutsem et al. [11], phase III	231	5-FU, irinotecan, oxaliplatin	Panitumumab, BSC (a), BSC (b)	(a) 23 (10), (b) No response	(a) 1.9, 95%CI (1.8–2); (b) 1.7, 95%CI (1.7–1.8)	NR
Hecht et al. [55], phase II	23	5-FU, irinotecan, oxaliplatin	Panitumumab	3 (13)	2, 95%CI (1.6–5.4)	NR
Berlin et al. [56], phase II	39	5-FU, irinotecan, oxaliplatin	Panitumumab	3 (8)	3	NR
Total <i>n</i>	1,098					

RR response rate (complete and partial), TTP time to progression, OS overall survival, NR not reported, MMC mitomycin C, BSC best supportive care

Fig. 1 Most common chemotherapy regimens used in the first-line treatment of MCRC and the efficacy of each regimen

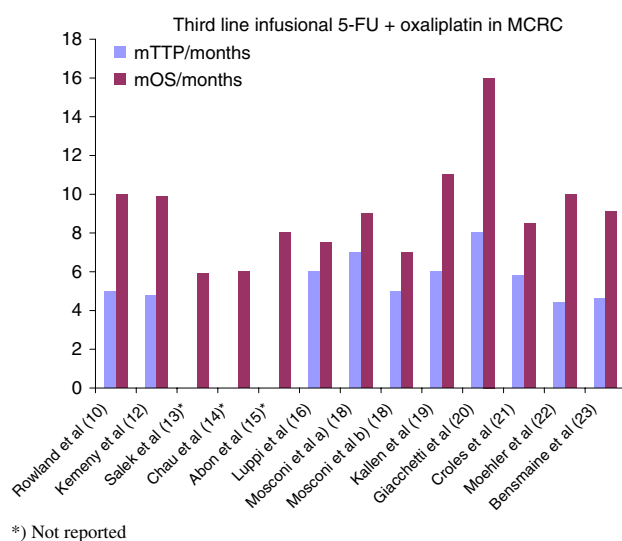
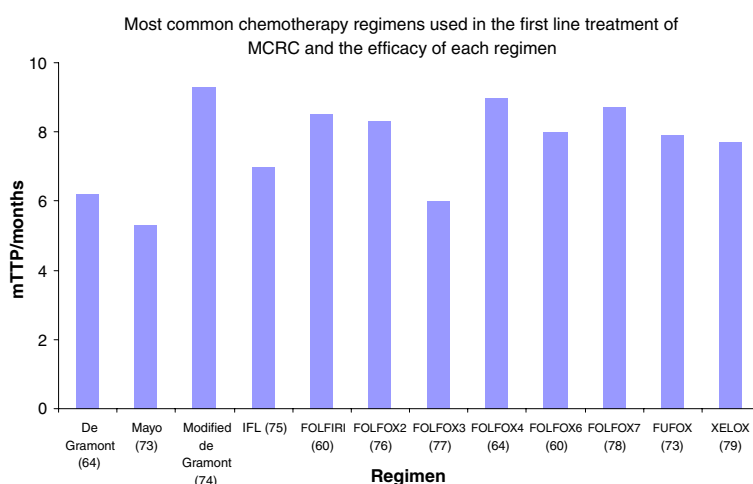


Fig. 2 Third-line infusional 5-FU + oxaliplatin in MCRC

and mOS. The study showed activity for both agents after failure of 5-FU and the complementary regimen. The question of the optimal use of oxaliplatin and irinotecan based regimens after first-and second-line therapy is not solved and needs further investigation.

Studies that define the optimal FOLFOX regimen with or without targeted agents in third line are still lacking. Oxaliplatin has demonstrated synergism with 5-FU with significantly higher anti-tumour activity than for 5-FU alone in first line [64]. One trial confirmed higher efficacy of a FOLFOX regimen compared to de Gramont also in third line [11], but the study did not give information on a possible advantage of re-induction of FOLFOX. However, the results supported the strategy of offering all five active drugs in advanced colorectal cancer [63].

When looking at trials with irinotecan and infusional 5-FU in third line, the results were satisfactory, however the trials were not randomized and with a limited number of patients. None of the studies used bolus 5-FU in combina-

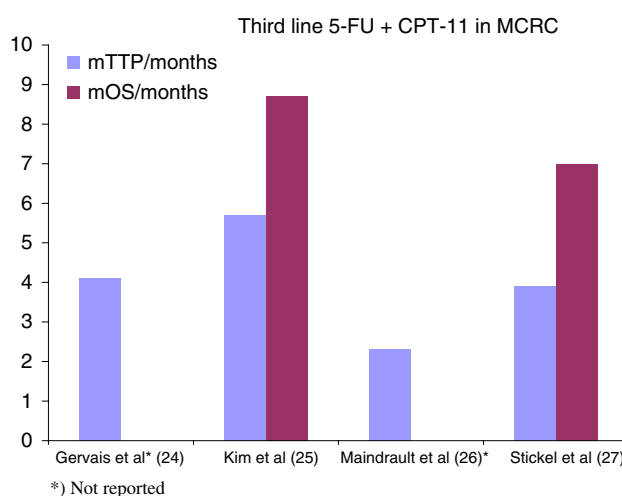


Fig. 3 Third-line 5-FU + irinotecan in MCRC

tion with irinotecan (IFL). Reports on severe toxicities especially diarrhoea for the use of IFL came from an independent panel of CRC experts in 2001 [65].

In the trials using miscellaneous drugs, the third-line treatment modality differed widely as regards both the drugs and the schedules. When capecitabine was combined with MMC, the mTTP and mOS differed widely between the studies. Due to the small number of patients and different pre-treatment modalities, the possible antitumour activity with this combination cannot be established.

Tomudex (raltitrexed) was used alone or in combination with irinotecan or MMC [34–36]. There was no response for the combinations or for the single agent. Despite a possible role in first line demonstrated in one large phase III trial [66], the palliative effect of tomudex as a third-line agent in MCRC has not been confirmed.

5-fluorouracil was administered in first- or second-line setting in almost every trial (Tables 2, 3, 4), and previous data suggest a benefit from re-induction of 5-FU [67]. The

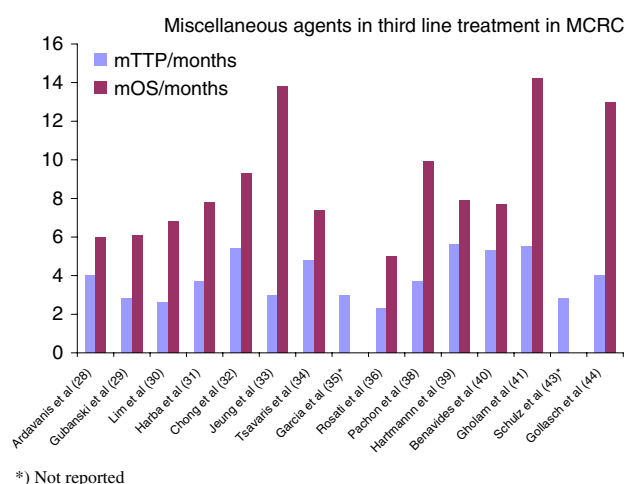


Fig. 4 Miscellaneous agents in third-line treatment in MCRC

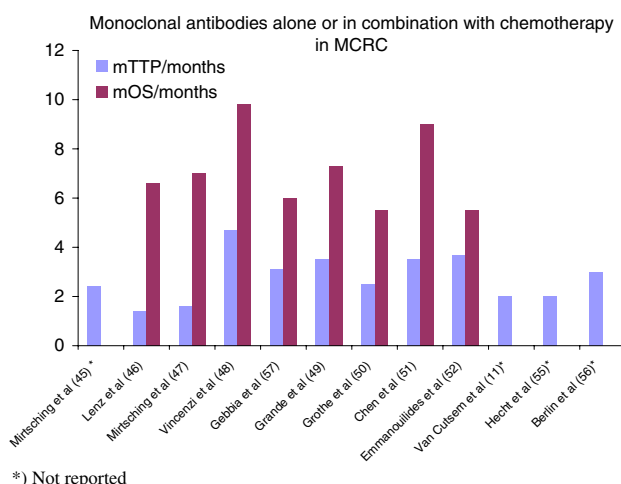


Fig. 5 Monoclonal antibodies alone or in combination with chemotherapy in MCRC

number of patients was, however, too small in order to establish a possible benefit of re-induction of 5-FU.

Targeted therapies are now in focus in combination with chemotherapy however, clinical trials on third line targeted therapy are still few. The efficacy of cetuximab in combination with irinotecan in patients with irinotecan-refractory MCRC was established by Cunningham et al. [8]. The combination demonstrated an advantage over single-agent cetuximab in regard to mOS and mTTP in both second- and third-line therapy. The efficacy of cetuximab plus irinotecan was clearly shown in three studies [48, 49, 57]. In a recent press release from Merck the results from the NCIC-CO.17 trial of cetuximab vs. BSC in third-line patients were reported. The trial met its primary efficacy end point showing a statistically significant improvement in OS. This is the first data of an EGFR targeted mAb to demonstrate such efficacy (data presented at ASCO 2007) [68].

When added to FOLFOX, bevacizumab has shown improvements in mOS compared to FOLFOX alone for patients previously treated with irinotecan-based chemotherapy [69].

Recent data from a phase II trial (BONDII) has shown a benefit of combining bevacizumab and cetuximab in previously treated MCRC [70] and any additive efficacy from this combination needs to be confirmed in phase III trials.

In two studies by Chen et al. and by Emmanouilides et al., the RRs were surprisingly low for bevacizumab in combination with 5-FU and LV [51, 52]. The studies are ongoing and final results are still pending. Whether there is a benefit in continuing therapy with bevacizumab for patients progressing on a bevacizumab-containing regimen still needs to be investigated. Thus, the role of bevacizumab in third line is still unclear.

Significant improvement of mTTP was shown for treatment with panitumumab in a phase III study in patients with chemo refractory colorectal cancer [11]. In a large phase II study the efficacy of panitumumab for patients failing standard chemotherapy was shown in year 2004 [71]. The patients had failed previously therapy with fluoropyrimidine and irinotecan or oxaliplatin or both. In September 2006 panitumumab granted approval from FDA for patients with EGFR expressing metastatic CRC who progressed on or following regimens containing fluoropyrimidine, irinotecan and oxaliplatin [9].

The best combination and sequence of chemotherapeutic agents and mAb's is an unanswered question. Selecting the right patients for therapy with the VEGF-inhibiting bevacizumab and the EGFR-inhibiting cetuximab and panitumumab is an issue. Evaluating the molecular and biochemical markers for tumour response is a must to optimize the possibility for the right treatment choice.

In general, searching for literature resulted in the finding of clinical trials, which were small (10–346 patients). We found wide variations in the results of third-line treatment both with respect to the RR, the mTTP and the mOS. The differences can be related to the selection of patients, stochastic variations due to low number of patients and the actual or previous treatment regimen. Information on all efficacy parameters needed to draw conclusions on the activity are missing in many trials. Whether third-line treatment for patients with MCRC can improve the mOS still needs to be confirmed in randomized trials.

Conclusions

Big challenges in designing the third-line trials exist. With the great abundance of treatment modalities available, the therapeutic goals are more likely to be achieved by exposing the patients to every possible treatment in a continuum

of care instead of practising successive lines of therapy with treatment till disease progression within the same line. This must be regarded as a paradigm shift in the treatment strategy of MCRC. The patients are treated individually in regard to minimize toxicity and improve quality of life and mOS. The treatment strategy has changed from the “line treatment” to different concepts, i.e. the use of shifting therapy prior to progression, intermittent therapy, maintenance of therapy and use of stop/go fashion with reintroducing a drug after a planned interruption. The individualized planning yet delays the performing of randomized clinical trials and the ultimate treatment sequence and combination of chemotherapy with targeted therapy still remains unknown. Especially the outcome of mOS for the different modalities is difficult to conclude [72].

All fit patients should be exposed to the five to six active agents at some time point during their disease progression. The exposure of patients to five to seven different drugs must be balanced with minimizing toxicities and quality of life. Patients who have already received these agents may benefit from reintroduction of some of the drugs or new strategies like sequential use/stop and go or being enrolled into phase I and II trials of novel agents. Fig. 1, 2, 3, 4, 5

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